Global Survey of Cardiac Rehabilitation Programs: Comparing Availability and Delivery Around the World

Cardiac Rehabilitation around the world: Let’s take recovery to heart for everyone, everywhere

WE WELCOME YOUR PARTICIPATION

Introduction

• Cardiac rehabilitation (CR) is an essential part of the continuum of care for patients with cardiovascular disease, given the well-established benefits of participation.
• In response to the WHO’s call for international research collaboration on CVD management, specifically assessment of gaps in availability and affordability of strategies to control CVD, we are conducting a global survey to ascertain the status of CR in all the countries around the world, with the aim of documenting services and gaps.
• We have started with 63 countries based on Turk-Adawi K. et al 2014 study titled Global availability of cardiac rehabilitation.

Objectives

1. To assess CR program characteristics
2. To identify barriers to CR delivery
3. To compare responses by region and country income level

Methods

• Descriptive statistics will be computed for all closed-ended items in the survey. All open-ended responses will be coded.
• Chi-square, t tests and ANOVA's will be used as appropriate to compare characteristics and barriers.

Anticipated Results/Conclusions

• The global CR community will have better understanding of CR delivery.
• The information will be useful for health policy-makers, health services researchers and international organizations willing to promote the availability and quality of CR around the world.

Benefits of Your Collaboration

• We are collaborating with national and regional CR societies to administer our survey to their members/all programs in their country.
• The CR program contact is sent an e-mail requesting her/his participation in the survey.
• Interested participants click on the link that takes them to an informed consent form.
• Where requested, programs can complete the survey via hard copy.
• A reminder email is sent 2 weeks later, to optimize response rate.

Administration of the Survey

1) Location of the program in the healthcare system; (2) How CR is funded/reimbursed; (3) Program capacity and costs; (4) Healthcare professionals on the CR team; (5) Components delivered; (6) Nature of patients served; (7) Alternative models delivered; and (8) Barriers to delivery.

Please take a flyer and participate in our survey!

Should you have any questions or comments, please contact Dr. Marta Supervia Pola at globalCR@mayo.edu