Preliminary Information

- Disclosures: None
- Format/Structure
- Timeline
- Opportunities
Annual Meeting Sessions

BREAKOUT SESSION | Thursday, September 19 from 10:45am - 12pm
- **Title:** Pulmonary Rehabilitation/Respiratory Services: It's Not Cardiac Rehab with a Pulse Oximeter
- **Presenters:** Susan Flack, Snizhana Weber, William Goodenkauf, Debbie Koehl
- **Objectives:**
  - Compare/contrast key program delivery aspects for patients with chronic lung disease
  - Identify delivery efficiencies that maximize program effectiveness
  - Create exercise prescriptions unique to patient needs for people with chronic lung disease
  - Describe optimal use and titration of supplemental oxygen

RAPID-FIRE SESSION | Friday, September 20 from 3:45pm-4:30pm
- **Title:** Value Based Care Strategies: Let's Learn from Our Peers and Challenge Ourselves
- **Presenters:** The Value Base Care Committee
- **Objectives:**
  - Identify examples of best practice in cardiac & pulmonary rehabilitation
  - Create strategies/next steps for implementing value base care strategies into practice
  - Describe effective use of specialty services in caring for persons with chronic lung disease
VBC Resources

Value-Based Care

Resource Repository

34th Annual Meeting
September 16-20, 2019 - Portland, Oregon
Power and Possibilities
VBC Resources

- Webinars
- Turnkey Strategies
- Annual Meeting Sessions
- News & Views Articles
- Additional Reference Documents
Turnkey Strategies

Admin
- 12-Month Cardiovascular Coordinated Episode (Bundle)
- Connecting with Psychosocial Providers
- CVD Referral Performance Measures in a Quality Improvement System
- Establish a Philanthropic Fund
- Group Screening
- Inpatient Liaison for Outpatient CVD (Inpatient tracking form)
- Reduce the Delay from Discharge to Enrollment
- COPD Referral & Enrollment to PR

Behavior
- Diabetes Education
- Establish Standard of Care for Anxiety and Depression
- Medication Adherence
- Motivational Interviewing
- Self-Management
- Use of Text Messaging and Mobile Apps
- Use of Video
- Establishing a Standard of Care for Anxiety and Depression Screening in PR

Exercise
- Accelerated Use of CR (sample schedule)
- ECG Monitoring Based on Clinical Need
- Open Gym (sample schedule)
- Safe Staff Self-Pay
- Incorporating Strength Training in PR

Nutrition
- Incorporating RDs into CR
- Nutrition Assessment in CR
Administration

- 12-Month Cardiovascular Condition Episode (Bundle)
- Connecting with Psychosocial Providers
- CR Referral Performance Measures in a Quality Improvement System
- Establish a Philanthropic Fund
- Group Screening
- Inpatient Liaison for Outpatient CR [inpatient tracking form]
- Reduce the Delay from Discharge to Enrollment
- COPD Referral & Enrollment to PR
Behavior

- Diabetes Education
- Establish Standard of Care for Anxiety and Depression
- Medication Adherence
- Motivational Interviewing
- Self-Management
- Use of Text Messaging and Mobile Apps
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Exercise

- Accelerated Use of CR [sample schedule]
- ECG Monitoring Based on Clinical Need
- Open Gym [sample schedule]
- Safe Start Self-Pay
- Incorporating Strength Training in PR
Nutrition

- Incorporating RDNs into CR
- Nutrition Assessment in CR
Today

• Who is using any of the turnkey strategies?
• How are you using them?
• What have you learned from your success and struggles
• How can others grow from your experiences?
Next Steps

• Identification of *Best Practice Strategies*
• Ideas for additional turnkeys, webinars, resources
• What role will you play?