Thursday 1:15-1:25 pm  
Vendor Time

Thursday 1:25-2:25 pm  
Vendor Time

Thursday 1:25-2:25 pm  
Cardiology

Thursday 1:25-2:25 pm  
Rehabilitation

Thursday 1:25-2:25 pm  
Pre-Meeting Morning & Evidence-Based Medicine

Thursday 3:30-4:30 pm  
Rapid-Fire Session

Thursday 3:30-4:30 pm  
Pulmonary, and Peripheral Artery Disease

Thursday 9:00am -11:45am  
Opening General Break

Thursday 9:00am -11:45am  
Opening Remarks and General Session

Thursday 1:25-2:25 pm  
Comfort and Boost Their Health Outcomes

Thursday 1:25-2:25 pm  
Achieving Financial Success by Maximizing Your and Make Effective Use of Your Resources

Thursday 1:25-2:25 pm  
How to Efficiently Capitalize on Your Outcome

Thursday 1:25-2:25 pm  
Rehabilitation Enrollment

Thursday 1:25-2:25 pm  
Depression, and the complexity of care required for these patients. In addition, it is important to consider the unique medical, physical and functional challenges that impact older patients presenting for cardiac and pulmonary rehabilitation. Emphasis will be placed on how to effectively integrate reimbursement and economic considerations into the development of clinical protocols and practice guidelines for these populations. The session will explore the relationship between physical activity, health-related quality of life, and mobility, and discuss possible interventions that can improve these outcomes. The session will also provide practical strategies for implementing evidence-based guidelines and best practices in the delivery of care for patients with cardiac and pulmonary disease.

Thursday 1:25-2:25 pm  
An introduction to the principles of exercise prescription in the context of cardiovascular disease. The session will cover the physiological and clinical benefits of exercise, the role of exercise in the management of chronic conditions, and the importance of exercise in maintaining and improving physical function. The session will also provide guidelines for the safe and effective implementation of exercise programs, including the use of exercise testing and prescription tools.

Thursday 1:25-2:25 pm  
The importance of exercise in the management of diabetes, heart disease, and other chronic conditions. The session will cover the role of exercise in the prevention and management of these conditions, as well as the benefits of exercise in improving physical function and quality of life. The session will also provide guidelines for the safe and effective implementation of exercise programs, including the use of exercise testing and prescription tools.

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To review the implementation of PAD SET within the VSGC setting, to review the lessons learned throughout the process as well as the best practices we have established to grow our current PAD SET programs, to review the current data collection and treatment plan assessments, which includes a review of submaximal exercise testing and exercise prescription, the current medical history.

Learning Objective 1: To successfully establish PAD SET within Cardiac Rehab setting.

Learning Objective 2: To focus on PAD referral process/providing feedback to referring providers to encourage ongoing referrals.

Learning Objective 3: To use a whole body functional and multidimensional approach.

Learning Objective 3: To critically consider low calorie, whole and based nutrition interventions. Currently, low sodium options may be impacted by the impact of acute care spending, and patient outcomes.

Learning Objective 4: What you can do if your program does not have access to the CO measuring device.

Learning Objective 1: To review the current data collection and treatment plan assessments.

Learning Objective 2: To develop critical thinking skills to individualize the level of monitoring required for each patient based on their unique needs and medical history.

Learning Objective 3: To present an international perspective on the level of monitoring required for each patient.

Learning Objective 4: To present an international perspective on the level of monitoring required for each patient.

Learning Objective 1: To critically consider low calorie, whole and based nutrition interventions. Currently, low sodium options may be impacted by the impact of acute care spending, and patient outcomes.

Learning Objective 4: To critically consider low calorie, whole and based nutrition interventions. Currently, low sodium options may be impacted by the impact of acute care spending, and patient outcomes.

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Learning Objective 4: To critically consider low calorie, whole and based nutrition interventions. Currently, low sodium options may be impacted by the impact of acute care spending, and patient outcomes.
In this presentation you will learn processes to identify cardiovascular and pulmonary rehabilitation improvements patient outcomes yet adherence to "home" education classes is historically poor. Session participants will define strategies to improve adherence and engage individuals with pulmonary rehabilitation through innovative social media and social networking, identify pulmonary rehabilitation opportunities to coordinate with other departments- pulmonary, primary care, cardiology, pulmonary hypertension and thoracic oncology. Understand the importance of having a support system and the role of patient engagement in pulmonary rehabilitation. In addition to the satisfaction, the session will discuss the improvements in patient outcomes and the role of education in pulmonary rehabilitation as well as propose lifetime adherence and exercise programs that will be managed by the care team.

Learning Objective 1:: Each attendee will develop understanding of the need for patient engagement in pulmonary rehabilitation.
Learning Objective 2:: Develop a regional strategy for pulmonary rehab in a multi-disciplinary setting.
Learning Objective 3:: Identify interventions to increase referrals to your pulmonary rehabilitation program (social media, links with primary care, EMR data) and assess the impact of these interventions on outcomes.
Learning Objective 4:: Session participants will identify and adopt new engagement models relevant to rehab patients.

Pulmonary Rehabilitation & Medicine

Tuesday, Oct 26 - 8:30am - 9:30am

Recognizing the Need for Pulmonary Rehabilitation: The Importance of Quality and Fiscal Outcomes for Local Cardiac Rehab Programs. Think Outside the Box!

Jonathan S. Neuman, MD

In this session, participants will appreciate the diverse needs of individuals living with and beyond cancer and their requirement for cardiac rehabilitation.

Learning Objective 1:: Understand the fundamentals of clinical quality improvement methods and tools and the role of the Million Hearts Initiative in increasing cardiac rehabilitation participation.
Learning Objective 2:: Understand the impact and role of the Million Hearts Initiative in increasing cardiac rehabilitation participation.
Learning Objective 3:: Learn the latest lessons from the first year of participation in the Million Hearts Initiative.
Learning Objective 4:: Explore the ability of the Million Hearts Initiative to impact quality and outcomes relevant to pulmonary rehabilitation programs.

Wednesday, Oct 27 - 8:30am - 9:30am

Inside Out, Outside In: Patient Engagement in Cardiac and Pulmonary Rehabilitation

Andrew J. Murphy, MD, MPH, FACC; Graham A. Atkins, RCP; Jonathan H. Whiteson, RRT, FAACVPR

The relationship between physical activity and health benefits has been well documented. Multiple studies have shown that physical activity can change chronic disease-related behaviors. Additionally, how cognitive function and the gut microbiome are affected by participation in activities is currently an area of research. In this session, we will discuss the importance of understanding the role of cognitive function in improving cardiovascular outcomes through adhering to national guidelines. We will highlight the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes.

Learning Objective 1:: Develop a regional strategy for pulmonary rehabilitation.
Learning Objective 2:: Construct a patient education strategy to increase engagement.
Learning Objective 3:: Evaluate the feasibility of implementing a digital patient education program.

Wednesday, Oct 27 - 10:00am - 11:00am

Onset to Offset: Supporting physical health by addressing nutritional practices and physical exercise

Janice L. Stoll, MD, MPH, FACP, FAAPMR

In this session, participants will understand the importance of a regional approach to pulmonary rehabilitation to meet patient needs and coordinate with other departments- pulmonary, primary care, patient engagement in lung transplantation programs have further unique challenges and needs. As the field of traffic medicine evolves and in the context of an increasing number of cancer patients seen with lung disease, we will discuss the impact of these conditions on patient outcomes and pulmonary rehabilitation.

Learning Objective 1:: Identify a strategy that could improve cognitive functioning in patients with lung disease.
Learning Objective 2:: Construct a patient education strategy to increase engagement.

Wednesday, Oct 27 - 12:00pm - 1:00pm

Patient Engagement Strategies: How One Cardiac Rehabilitation Program is Improving Outcomes

Doreen C. Chang, DNP, RN, FAAN

In this session, participants will understand the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes. Participants will be able to identify a strategy that could improve cognitive functioning in patients with lung disease.

Learning Objective 1:: Identify interventions to increase referrals to your pulmonary rehabilitation program (social media, links with primary care, EMR data) and assess the impact of these interventions on outcomes.
Learning Objective 2:: Session participants will appreciate the diverse needs of individuals living with and beyond cancer and their requirement for cardiac rehabilitation.

Wednesday, Oct 27 - 1:30pm - 2:30pm

Balancing the Needs of Pulmonary Rehabilitation Patients and their Health Care Providers: A Proxy for Patient Engagement

Tracy C. Wall, MS, FASPC, Hicham Skali, MD, FACC, FACP, FAHA, FASPC, Hilary K. Wall, MPH; Taryn De Sio, MS, RRT, FAACVPR

In this session, participants will understand the importance of understanding the role of cognitive function in improving cardiovascular outcomes through adhering to national guidelines. We will highlight the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes.

Learning Objective 1:: Develop a regional strategy for pulmonary rehabilitation.
Learning Objective 2:: Construct a patient education strategy to increase engagement.
Learning Objective 3:: Evaluate the feasibility of implementing a digital patient education program.

Thursday, Oct 28 - 8:30am - 9:30am

Understanding and Addressing Musculoskeletal, Balance, and Frailty in Pulmonary Rehabilitation

Alicia Pierre, PT, DPT; Swot, MD, FAACVPR; Andrew N. Hinkle, MD, FAACVPR; David Novak, MD, MPH, FACP, FACP, FAHA

In this session, participants will appreciate the diverse needs of individuals living with and beyond cancer and their requirement for cardiac rehabilitation.

Learning Objective 1:: Understand the fundamentals of clinical quality improvement methods and tools and the role of the Million Hearts Initiative in increasing cardiac rehabilitation participation.
Learning Objective 2:: Understand the impact and role of the Million Hearts Initiative in increasing cardiac rehabilitation participation.
Learning Objective 3:: Learn the latest lessons from the first year of participation in the Million Hearts Initiative.
Learning Objective 4:: Explore the ability of the Million Hearts Initiative to impact quality and outcomes relevant to pulmonary rehabilitation programs.

Monday, Oct 25 - 10:00am - 11:00am

Challenges of Cardiac Rehabilitation in Cardiology & Clinical Cardiology

Steve K. Burch, MD, FACC; Jonathan H. Whiteson, RRT, FAACVPR; Richard A. Josephson, MS, RT, FAACVPR; Tony De Leo, MD, FACC

In this session, participants will understand the importance of understanding the role of cognitive function in improving cardiovascular outcomes through adhering to national guidelines. We will highlight the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes.

Learning Objective 1:: Identify interventions to increase referrals to your pulmonary rehabilitation program (social media, links with primary care, EMR data) and assess the impact of these interventions on outcomes.
Learning Objective 2:: Session participants will appreciate the diverse needs of individuals living with and beyond cancer and their requirement for cardiac rehabilitation.

Monday, Oct 25 - 11:00am - 12:00pm

Function, Quality, Navigation of Quality and Fiscal Outcomes for Cardiac Rehabilitation

Patrick A. Murphy, MD, FACC; Heather A. Pelchat, BS, RRT, FAACVPR; Graham A. Atkins, RCP; David Novak, MD, MPH, FACP, FACP, FAHA

In this session, participants will understand the importance of understanding the role of cognitive function in improving cardiovascular outcomes through adhering to national guidelines. We will highlight the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes.

Learning Objective 1:: Develop a regional strategy for pulmonary rehabilitation.
Learning Objective 2:: Construct a patient education strategy to increase engagement.
Learning Objective 3:: Evaluate the feasibility of implementing a digital patient education program.

Monday, Oct 25 - 12:00pm - 1:00pm

Inside Out, Outside In: Supporting physical health by addressing nutritional practices and physical exercise

Janice L. Stoll, MD, MPH, FACP, FAAPMR

In this session, participants will understand the importance of understanding the role of cognitive function in improving cardiovascular outcomes through adhering to national guidelines. We will highlight the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes.

Learning Objective 1:: Identify interventions to increase referrals to your pulmonary rehabilitation program (social media, links with primary care, EMR data) and assess the impact of these interventions on outcomes.
Learning Objective 2:: Session participants will appreciate the diverse needs of individuals living with and beyond cancer and their requirement for cardiac rehabilitation.

Monday, Oct 25 - 1:30pm - 2:30pm

Balancing the Needs of Pulmonary Rehabilitation Patients and their Health Care Providers: A Proxy for Patient Engagement

Tracy C. Wall, MS, FASPC, Hicham Skali, MD, FACC, FACP, FAHA, FASPC, Hilary K. Wall, MPH; Taryn De Sio, MS, RRT, FAACVPR

In this session, participants will understand the importance of understanding the role of cognitive function in improving cardiovascular outcomes through adhering to national guidelines. We will highlight the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes.

Learning Objective 1:: Identify interventions to increase referrals to your pulmonary rehabilitation program (social media, links with primary care, EMR data) and assess the impact of these interventions on outcomes.
Learning Objective 2:: Session participants will appreciate the diverse needs of individuals living with and beyond cancer and their requirement for cardiac rehabilitation.

Monday, Oct 25 - 2:30pm - 3:30pm

Cardiovascular

Heidi A. Pelchat, BS, RRT, FAACVPR

In this session, participants will understand the importance of understanding the role of cognitive function in improving cardiovascular outcomes through adhering to national guidelines. We will highlight the importance of patient engagement in pulmonary rehabilitation and the role of patient engagement in improving outcomes.

Learning Objective 1:: Identify interventions to increase referrals to your pulmonary rehabilitation program (social media, links with primary care, EMR data) and assess the impact of these interventions on outcomes.
Learning Objective 2:: Session participants will appreciate the diverse needs of individuals living with and beyond cancer and their requirement for cardiac rehabilitation.
Monday 08:00 - 09:00 Breakout Session Program Management Back

Learning Objective 1: Review the state of the science on the role of timing of enrollment of patients with cardiac rehabilitation with data from the Million Heart Collaborative with important implications for traditional clinical decision making.

Learning Objective 2: Discuss the current state of enrollment in cardiac rehabilitation with data from the Million Heart Collaborative with important implications for traditional clinical decision making.

Learning Objective 3: Review known strategies about how to shorten enrollment time for cardiac rehabilitation with data from the Million Heart Collaborative with important implications for traditional clinical decision making.

Learning Objective 4: Attendees will be able to state what factors are important when setting eligibility criteria for enrollment.

Learning Objective 5: Attendees will be able to use criteria to evaluate pre and post diet intake values and be able to use in discharge planning and education.

Learning Objective 6: Attendees will be able to use new criteria to evaluate pre and post diet intake values and be able to use in discharge planning and education.

Learning Objective 7: Discuss strategies and use new academic innovators who have developed web-based tools for patients who are more accessible to patient.

Learning Objective 8: Discuss strategies and use new academic innovators who have developed web-based tools for patients who are more accessible to patient.

Learning Objective 9: Discuss the role of technology in improving efficiency and outcomes.

Learning Objective 10: Attendees will demonstrate how technology and post diet intake values and be able to use in discharge planning and education.

Learning Objective 11: Attendees will demonstrate how technology and post diet intake values and be able to use in discharge planning and education.

Learning Objective 12: Attendees will demonstrate how technology and post diet intake values and be able to use in discharge planning and education.

Learning Objective 13: Attendees will demonstrate how technology and post diet intake values and be able to use in discharge planning and education.

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Learning Objective 30: Attendees will demonstrate how technology and post diet intake values and be able to use in discharge planning and education.
Innovative Leadership

Cardiovascular and Reproductive Risk Factors for CVD Research

AACVPR strives to provide diverse educational opportunities for our members. During this session, authors will present their peer-reviewed research on CVD-related topics.

Behavioral Strategies for Improving Sleep

On-Demand Session

Karen Lui, Phil Porte, Anthony Bammer, M.S., R.D., L.D., CCP, Rasmussen, M.S., R.D., L.D.

Rongjing Ding, Dayi Hu (China)

Multigenerational Workforce in Medical Education

CCP

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