Performance Measure for Tobacco Use Intervention

Data Definitions

Participating in the CR program
Attended at least one CR session

Tobacco User
Defined as use of any kind of tobacco product in the 30 days prior to enrolling in CR

Tobacco cessation intervention (required if a tobacco user)
Documentation in the medical record that the patient received any one of the three interventions listed in the measure. These include
1) Brief tobacco cessation counseling at program entry. If the patient is not willing to make a quit attempt, intervention should be aimed at helping the patient improve their readiness for an eventual quit attempt.
2) Tobacco cessation pharmacotherapy. Medication may be provided to patients who are not yet ready to quit, but who are ready to reduce to quit.
3) Referral to a tobacco treatment program or specialist.

Recent Tobacco User
Defined as use of any kind of tobacco product in the 6 months prior to enrolling in cardiac rehabilitation.

Relapse Prevention Intervention (required if a recent tobacco user)
Includes any one of the following:
1) Brief tobacco relapse prevention counseling at program entry.
2) Tobacco cessation pharmacotherapy.
3) Referral to a tobacco treatment program or specialist.

Denominator Exclusions
Documentation of a medical reason for not receiving tobacco cessation intervention or tobacco relapse prevention intervention (e.g. limited life expectancy).