CR Functional Capacity Performance Measure Algorithm

Did the patient complete at least 4 weeks of Cardiac Rehabilitation (CR)?
A patient is defined as having completed CR when he/she has undergone a final, formal discharge assessment session and updated treatment plan

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NO
Does not qualify for measure

YES

Did the patient complete one of the following at program entry?
- 6 Min Walk Test
- Symptom limited graded exercise test
- Use of exercise device calibrated for accurate estimation of MET levels **
  **Use estimated METS from 3rd session

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NO
Does not qualify for measure

YES
Include in the denominator (D)

Did the patient show significant increase in functional capacity at program completion using the same method of measurement as program entry?
Significant increase as defined by the measure is:
- 6MWT increase distance by ≥10%
- Graded Exercise Test – increase METS by ≥15%
- Estimated Peak MET increase on identical exercise equipment ≥40%

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NO
Do not include in numerator

YES
Include in the numerator (N)

Calculation Instructions

The % of patients who increase their functional capacity after participation in CR. = \[
\frac{N}{D} \times 100
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