33rd AACVPR Annual Meeting
Rapid-Fire Session Presenter
Orientation Webcast
AACVPR Rapid-Fire Session Committee
June 4, 2018
Why Rapid-Fire Sessions?

- Feedback from Annual Meeting attendees
- Need for alternative formats of learning*
- Multiple formats of education increase impact
- Leveraging the expertise of the attendees

*Executive Summary: Effectiveness of Continuing Medical Education: American College of Chest Physicians Evidence-Based Educational Guidelines
COL Lisa K. Moores, MC, USA, FCCP, Ed Dellert, RN, MBA, Michael H. Baumann, MD, MS, FCCP and Mark J. Rosen, MD, FCCP
Chest. 2009;135(3_suppl):1S-4S. doi:10.1378/chest.08-2511
• The Program Planning Committee identified your submission as an opportunity to go beyond the standard didactic lecture.
• The Program Planning Committee identified you as a dynamic presenter and facilitator.
Planning for Your Presentation

• **Create a session that will:**
  - Provoke discussion among attendees.
  - Leverage the expertise of professionals in your session.
  - Create a unique opportunity to learn from each other.
  - Actively encourage best practice sharing and new ideas.
Presentation Format

- Thursday, September 13 | 4:15PM - 5:00PM and 5:00PM – 5:45PM

- Rapid-Fire Session Tracks:
  - Pulmonary
  - Cardiac
  - Nutrition and Behavior
  - Program Management
  - Innovative Leadership
Session Format

• 2 Topics per Track: Topic 1 – Topic 2
• Each topic will have 45 minutes
  ▪ 15 minutes – presentation with 15 slides MAX
  ▪ 20 minute discussion
  ▪ 10 minute wrap-up
  ▪ Time limits will be strictly enforced by session moderators to ensure all topics have maximum time.
  ▪ The session moderator will keep sessions flowing, assist with presentation transitions, and introduce speakers. There will be one moderator per session room.
Building Your Presentation

Presentation: 15 minutes – 15 slides max

- **Slide 1**: Title Slide
- **Slide 2**: Financial Disclosures
- **Slides 3 – 14**: Content
- **Slide 15**: 3 – 5 Discussion Questions
Discussion

Discussion: 20 minutes

- Discussion questions should:
  - Provoke thoughtful discussion
  - Leverage the board expertise in the room

- Facilitate and rotate through the room identifying hot issues to address or discussion points that need clarification.

- Facilitator may interject to provide insight or take the discussion to a new level.
Discussion Questions

Provoke, Inspire, Leverage, Focus.

• What is the largest barrier? How can we as a team overcome that barrier?
• In a perfect world, what would your care of this patient look like? How do we get there?
• What is one thing you can do immediately tomorrow at your center to make a change in this area?
• Has anyone at your table had success?
Presentation Wrap-Up

10 Minute wrap-up will be led by the presenter(s)

- Identify hot topics.
- Highlight interesting discussions.
- Encourage the conversation to continue after the session.
- Moderator will call “time” and bring up next speaker.
Session Moderators

• Moderator Responsibilities:
  ▪ Session time management
  ▪ Speaker introductions
  ▪ Facilitate Q&A
• A moderator will be assigned to your session room by AACVPR Headquarters.
• New: moderator resources available on the AACVPR Annual Meeting website: http://www.aacvpr.org/Events-Education/33rd-Annual-Meeting/33rd-Annual-Meeting/Education
Cardiac Rapid-Fire Track Topics

• Tobacco Treatment...How to meet this need in your program and beyond.  
  Jarrod Mitchell, MS, RCEP, CTTS

• Incorporating High-Intensity Training programs with clinical populations – What you need to know  
  Yuri Feito, Ph.D, MPH
Pulmonary Rapid-Fire Track Topics

- Is there a place for "Boot Camp" PR in Traditional Programs?
  *Trina M. Limberg, BS, RRT, FAARC, MAACVPR*

- Six Minute Walk Test
  *Chris Garvey, FNP, MSN, MPA, MAACVPR*
Nutrition and Behavioral Rapid-Fire Track Topics

• Dealing with Depression in Cardiopulmonary Rehabilitation: Antidepressant Ambivalence vs. Therapist Scarcity
  Joel W. Hughes, PhD, FAACVPR

• Plant Based Diets - They grow on you!
  Shannon Farrell, RN/BSN; Carol Guarino, RDN, CDE
Program Management Rapid-Fire Track Topics

• Value-based Care - Time to Change Things Up in Rehabilitation... Let's Talk Best Practices 
  Steven Keteyian; Tracy A. Herrewig, MS, RCEP, FAACVPR

• Best Practice for Hosting Student Interns. 
  Teresa Eber Lee, EdD; John Porcari, PhD
Innovation and Leadership Rapid-Fire Track Topics

• The ACSM World Heart Games - Strategies to Engage Your Team and Patients to Participate
  
  **Stuart Sanders, MD, FACSM, FACP, FAACVPR; Tom Draper, MS, MBA; Carl King, EdD, MAACVPR**

• The Electronic ITP: Utilizing your EMR/EPIC to write your ITP
  
  **Shelley McCabe, BA, ACSM-CEP, CCRP**
Questions?

- Annual Meeting Speaker Registration will open soon! Speakers will be given priority registration, so keep an eye on your inbox for more information coming shortly.

- Final presentation slides are due to speaker@aacvpr.org by Monday, August 13.
Contacts

- **Kathy Zarling**, Rapid-Fire Session Committee Chair: kathleenkzarling@gmail.com

- **Hannah Muerhoff**, AACVPR Headquarters Education Coordinator: hmuershoff@aacvpr.org