



Welcome to Phase I Cardiac Rehab

This binder should help you to find everything you need and show you what you need to do with each pt. Phase I walks all the open heart (sternal incisions only) pts once per day as well as providing education to all of the following pts:

- Heart Surgery- CABG & Valve (all pre-op and discharge instructions)
- MI
- PCI
- PTCA
- Chest Pain w/CAD (medical management)
- HF
- TAVR

Phase I takes care of all the teaching required at discharge for Core Measures for the CHF and MI patients.

*The shift for Phase I will start at 0645 and will end at 1515.

*No cells phones allowed in patient care areas.

Phase I Daily Job Tasks

1. Check worklist for Phase I orders
2. Print the daily census/bed list
3. Compare census for previous day to see who has received education
 - If it says “done” the education was completed
 - If it says “chart” they need something else (typically surgical pts)
4. View or print echo list for possible HF patients
5. Determine who is appropriate for education
 - Any pt with the following diagnosis listed on the census needs to be screened for possible education
 - STEMI
 - Acute MI
 - CAD
 - HF
 - Valve disease
 - Chest Pain or Unspecified Chest Pain
 - Stable or unstable Angina
 - CP
 - Elevated troponin
 - SOB
 - A Fib
 - Weakness
 - Any of the following pts. with or **without** a physical order need ed
 - MI
 - PCI
 - PTCA
 - Chest pain w/documented CAD (medical management)
 - Heart surgery (CABG/Valve/or sternal opening)
 - HF **≤39%** or documented diastolic **per cardiology**
6. Confirm that the following have a Phase II order
 - MI
 - PCI
 - PTCA
 - Heart Surgery/Valve Surgery
 - TAVR
 - CP w/CAD
 - HF **≤35%**
7. Print cardiac intervention list from cath lab

- all these people should have a Phase I and Phase II order if they received any intervention
- you may have to do some looking in EMR for procedures and/or orders
- if the Phase II order was not entered you may have to get one of the NP's to physically enter it into the Discharge section of the EMR

8. Order of floors/education to see

- Provide education to Cath lab patients first (discharges by 7:30-7:45)
- Check/screen the hospital bed list for any patients appropriate for education
- Walk any surgical pts in CVICU and PCU
- Provide education to any patient that had intervention done
- Provide education to all MI, HF, and other patients appropriate for education

9. Please chart/document for each patient **immediately** after seeing them

***see specifics in the binder as to obtaining the lists, documentation, and billing**