Genesis Heart & Vascular Rehabilitation Group Orientation Process

Patient Arrives at HVR; Greet them!

Provide them EPIC Medication list to review and Paperwork to fill out

RN Assessment completed:
- Weight
- Waist Measurement
- Blood Pressure
- Pulse Ox
- Lungs assessment
- Wound assessment

Group education completed:
- Program Structure
- Signs & Symptoms
- Hand washing/Cleaning Equipment
- Dr. Appointments
- Medication Changes
- Attendance
- Telemetry hook-up

6MWT Completed on able patients by Exercise Physiologist(s); Nurses Check if paperwork complete and places in patient chart; watch monitor

All orientations are placed on exercise equipment as a group in the projected order/modality that will be used on regular class day:

- Intro to equipment, patient board and warm-up
- 1st set = 3 minutes
- 2nd set = 3 minutes
- 3rd set = 4 minutes (includes cool-down teaching)

Orientation Wrap-Up:
- Post-BP
- Post BS calibration for diabetic (compare pt meter to hospital meter for accuracy)
- Each patient is scheduled for Dietitian class
- Patients are taught about un-hooking from telemetry and cleaning
- Packets are provided (appt reminders, phone numbers etc.)

Med Rec and Paperwork documented

Patient Arrives at HVR the next day for class

Structure:
- Tuesday and Thursday (9 am and 1 pm Groups Available)
- 4-8 patients per group
- Approximately 90+ Minutes
- CPT 93798 and 93797 charged

Genesis HEALTHCARE SYSTEM