**Genesis Heart & Vascular Rehabilitation Group Orientation Process**

**Patient Arrives at HVR; Greet them!**

**Provide them EPIC Medication list to review and Paperwork to fill out**

**RN Assessment completed:**
- Weight
- Waist Measurement
- Blood Pressure
- Pulse Ox
- Lungs assessment
- Wound assessment

**Group education completed:**
- Program Structure
- Signs & Symptoms
- Hand washing/Cleaning Equipment
- Dr. Appointments
- Medication Changes
- Attendance
- Telemetry hook-up

**Med Rec and Paperwork documented**

**Orientation Wrap-Up:**
- Post-BP
- Post BS calibration for diabetic (compare pt meter to hospital meter for accuracy)
- Each patient is scheduled for Dietitian class
- Patients are taught about un-hooking from telemetry and cleaning
- Packets are provided (appt reminders, phone numbers etc.)

**6MWT Completed on able patients by Exercise Physiologist(s); Nurses Check if paperwork complete and places in patient chart; watch monitor**

**All orientations are placed on exercise equipment as a group in the projected order/modality that will be used on regular class day:**
- Intro to equipment, patient board and warm-up
- 1st set = 3 minutes
- 2nd set = 3 minutes
- 3rd set = 4 minutes (includes cool-down teaching)

**Structure:**
- Tuesday and Thursday (9 am and 1 pm Groups Available)
- 4-8 patients per group
- Approximately 90+ Minutes
- CPT 93798 and 93797 charged

**Patient Arrives at HVR the next day for class**