

Cardiac Rehabilitation Enrollment Strategy
Cardiac Rehabilitation Patient Progress Report

Subject	Content
Definition/Description	Physicians are updated monthly regarding patient progress while enrolled in the Cardiac Rehabilitation program. This serves as a reminder to physicians of the benefits of our program, thereby promoting continued physician support of program adherence.
Key Terms/ Abbreviations	<ul style="list-style-type: none"> • CR = Cardiac Rehabilitation • Progress Report Sheet = computer generated patient exercise and vital sign summary via the telemetry system
Background and Purpose	The purpose is to engage the physicians as partners with their patients, as well as with CR, with the common goal of optimizing patient health outcomes. This partnership is fostered throughout the patients' CR journey with ongoing correspondence regarding attendance and progress, supported by concrete data.
Relevant Metric(s)	<ul style="list-style-type: none"> • QM-3: Cardiac Rehabilitation Communication: Patient Enrollment, Adherence, and Clinical Outcomes: Percentage of patients, age ≥ 18 y, for whom the receiving CR program has communicated to the referring provider and/or primary care provider regarding the patient's enrollment, attendance, and key clinical outcomes (e.g., changes in functional capacity, quality of life) in the CR program.
Process Description/ Processes Impacted	Data are collected daily in the telemetry monitoring system, which is programmable to allow for quick and easy retrieval of specific data to include in Progress Report Sheet.
Key People/ Departments to Engage	<ul style="list-style-type: none"> • Physicians • Clinical staff • Clerical support – in both the physician practices and CR department
Data Sources	Telemetry system
Cost Concerns	Not Applicable.
Timeline	Not Applicable.
Supporting Material	Example of Progress Report Sheet
References	1. Thomas RJ, Balady G, Banka G, et al. 2018 ACC/AHA clinical performance and quality measure for cardiac rehabilitation: a

	report of the American College of Cardiology/American Heart Association Task Force on Performance Measure. <i>J Am Coll Cardiol.</i> 2018, epub ahead of print.
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