

Cardiac Rehabilitation Enrollment Strategy
 Cardiac Rehabilitation Patient Outcome Report Sheet

| Subject | Content |
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| Definition/Description | At completion of the Cardiac Rehabilitation program, physicians are faxed the entry and exit data that was collected from the patient. Not only does this reflect the patient’s multifaceted response to CR, it also serves as a reminder to physicians of the benefits of our program, thereby promoting continued physician support. |
| Key Terms/ Abbreviations | <ul style="list-style-type: none"> • CR = cardiac rehabilitation • ITP = Individual Treatment Plan • Outcome Report Sheet = refers to report that includes data collected at entry to and exit from the CR program. These data include blood pressure, lipids, glucose, body mass index, waist circumference, nutrition questionnaire results, functional capacity testing, depression screening results, tobacco status, quality of life questionnaire results. |
| Background and Purpose | The purpose is to engage the physicians as partners with their patients, as well as with CR, with the common goal of optimizing patient health outcomes. This partnership is supported by the communication of concrete data, reflecting any changes (or lack thereof) in patient outcomes. |
| Relevant Metric(s) | <ul style="list-style-type: none"> • QM-3: Cardiac Rehabilitation Communication: Patient Enrollment, Adherence, and Clinical Outcomes: Percentage of patients, age ≥18 y, for whom the receiving CR program has communicated to the referring provider and/or primary care provider regarding the patient’s enrollment, attendance, and key clinical outcomes (e.g., changes in functional capacity, quality of life) in the CR program. |
| Process Description/ Processes Impacted | Data are collected at entry to the CR program and integrated into the patient’s ITP, with specific data updated every 30 days. The exit data are obtained at completion of the program and entered into the ITP and Patient Outcome Report Sheet. The Patient Outcome Report Sheet is faxed to the physician, allowing for ease of data comparison from start to completion of CR program. |
| Key People/ Departments to Engage | <ul style="list-style-type: none"> • Physicians • Clinical staff • Clerical support – in both the physician practices and CR department |

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| Data Sources | Not Applicable. |
| Cost Concerns | Not Applicable. |
| Timeline | Not Applicable. |
| Supporting Material | Example of Patient Outcome Report Sheet |
| References | <ol style="list-style-type: none"> 1. Thomas RJ, Balady G, Banka G, et al. 2018 ACC/AHA clinical performance and quality measure for cardiac rehabilitation: a report of the American College of Cardiology/American Heart Association Task Force on Performance Measure. <i>J Am Coll Cardiol</i>. 2018, epub ahead of print. |

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